



From the sixth hour until the ninth hour darkness came over all the land. About the ninth hour Jesus cried out in a loud voice, “Eloi, Eloi, lama sabachthani?”—which means, **“My God, my God, why have you forsaken me?”** MATTHEW 27:45-46

**Lent** is the traditional period for emphasizing self-denial, reflection and prayer. Lent begins on Ash Wednesday (the seventh Wednesday before Easter). Excluding Sundays, which are days of celebration and joy, there are forty days between Ash Wednesday and Holy Saturday (the day before Easter). Many churches will find this to be a natural and convenient season to focus the hearts of their community on spiritual growth and faith-sharing. It requires time and sacrifice. It is all for Jesus and His Kingdom!

**Lent means**, “spring” and it is during the spring season of the year that we celebrate the life and resurrection of Jesus Christ, our Savior. So, spring into life for Jesus all throughout the Lenten season and beyond.

**Easter** is the greatest day of celebration for Christians. It signifies the crushing of death’s power by Jesus Christ, making possible eternal life for all who believe in Jesus’ name.

On Palm Sunday Christians celebrate the Triumphal Entry of Jesus Christ into Jerusalem, one week before his execution by crucifixion. Palm Sunday, often referred to as “Passion Sunday,” marks the beginning of Holy Week, which concludes on Easter Sunday.

**The Bible reveals** that when Jesus entered Jerusalem, the crowds greeted him by covering his path with palm branches. Immediately following this great time of celebration in the ministry of Jesus, He begins his journey to the cross.

The biblical account of Palm Sunday can be found in Matthew 21:1-11; Mark 11:1-11; Luke 19:28-44; and John 12:12-19.

Good Friday is observed on the Friday before Easter Sunday. On this day Christians commemorate the Passion, or suffering, and death on the cross of the Lord, Jesus Christ.

Many Christians spend this day in fasting, prayer, repentance, and meditation on the agony and suffering of Christ’s crucifixion on the Cross .

The biblical account of Jesus’ death on the cross, or crucifixion, his burial and his resurrection, or raising from the dead, can be found in the following passages of Scripture in Matthew 27:27-28:8; Mark 15:16-16:19; Luke 23:26-24:35; and John 19:16-20:30

**What better time to embrace new converts and celebrate their new life in Jesus Christ?**

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### Lent Prayer Resources:

40 day prayer guide and resources available at **MillioMilePrayerWalk.org**