

# FOLLOW

— THERE IS MORE —

Name:



## REFLECT

Take a moment and write down your experiences at Follow 2019. What will you remember most? What spoke to you? What are one or two words that describe your experience?

Take a moment and read the following passage, pause, and reflect. Underline or circle and words or verses that stand out to you.

*23 And he said to all, "If anyone would come after me, let him deny himself and take up his cross daily and follow me. 24 For whoever would save his life will lose it, but whoever loses his life for my sake will save it. 25 For what does it profit a man if he gains the whole world and loses or forfeits himself? 26 For whoever is ashamed of me and of my words, of him will the Son of Man be ashamed when he comes in his glory and the glory of the Father and of the holy angels. 27 But I tell you truly, there are some standing here who will not taste death until they see the kingdom of God."*

-Luke 9:23-27 (ESV)



# TAKE AWAYS

What was your "Yes" at Follow? What were some other big idea takeaways from the main session, breakouts, or group time? What next steps can you take. Below, take some time to write out 2 or 3 of this things.

1)

\_\_\_\_\_

2)

3)

### Sample Ideas:

- Accountability
- Confess Sin
- Daily Devotions
- Leadership
- Prayer
- New Commitments

### Take Away Examples:

- "I have a burden to be more relational about my faith."
- "I have felt a calling into my life."
- "I have surrendered my life to Jesus"



# MOMENTUM

Sometimes we can quickly forget what we just experienced. How do you keep momentum going forward? Simply, you take one step at a time. Look at the list below and mark 1 or 2 of these that would be ways for you to keep the momentum going.

- Idea #1- Tell Someone:** Seek out a trusted leader and share your experience and takeaways with them. Who is that leader \_\_\_\_\_
- Idea #2- Daily Devo:** Set a goal and start having quiet time with God. Start a new streak and get into His Word. Talk to your leader about a great place to start. Goal? \_\_\_\_\_
- Idea #3- Seek Accountability:** Who is someone in your life that you can walk alongside and talk about deeper things? Someone you look-up to because they know Jesus. Who is that person? \_\_\_\_\_  
When are you going to ask them to hangout? \_\_\_\_\_
- Idea #4- Step Up:** You have felt a nudge to step up your faith and lead by example. Serve in a specific role in the church? Student Leadership? Fill in the blank with what comes to mind. \_\_\_\_\_



# I HAVE DECIDED

**FOLLOW**

Check all that apply to you and **share with your youth leader or youth pastor.** "There is More" God wants to do within you and through you. He loves you so much!

- I have accepted Jesus for the **FIRST TIME**
- I have recommitted my life to Jesus
- I would like to get baptized
- I need a Bible to start daily devotions
- I would like to serve on a leadership team
- I need more info about being involved
- Talk with a leader about my faith
- Talk with a leader about something difficult in my life
- Talk with a leader about accountability
- Other: \_\_\_\_\_